



SAFEGUARDING

YOUNG PERSON GUIDE



WHAT CAN I EXPECT FROM MY ICE SKATING CLUB?

- **MEMBERSHIP** - you will receive information on costs, rules and training/event information. Not all events are for everyone but we try to ensure everyone has an equal range of activities to enjoy.
- **COACHES**- all of our coaches are qualified and have had the necessary checks to help you skate to the best you can.
- **VOLUNTEERS** - first aiders and our welfare officers at the club have been on training to ensure your safety and wellbeing.
- **RESPECT** - as a club, we want to engage with you as much as possible and want to hear about what you like about the club, what you don't like, and what you think needs changing. We respect everyone's views and want your experience to be fun and feel enjoyable whilst being safe.
- **TRAINING/COMPETITIONS**- there are many training sessions and competitions throughout the season for you to get involved with and skate.
- **SAFETY** - we adopt NISA's Safeguarding and Protecting Young People in Skating Policy, Procedure and Guidance, because we believe you have the right to skate in a safe and fun environment.

WHAT DO MY CLUB EXPECT OF ME?

- **BEHAVIOUR** - we will give clear messages on how we expect everyone to behave, this may be in the form of a Code of Conduct.
- **RULES** - ice skating has rules and so does our club.
These are in place to keep you safe.



WHAT TO DO IF I AM WORRIED OR HAVE A CONCERN?

Don't keep it to yourself!

There are a number of people you can speak to if you are worried about or experience bullying or any uncomfortable situation.

Your **WELFARE OFFICER** (or someone else you feel comfortable telling) will believe you and know what to do and how to help. They may have to share the information you tell them, but it will be kept **CONFIDENTIAL**.

ALTERNATIVE SOURCES OF HELP, ADVICE AND SUPPORT

CHILDLINE

Free helpline for young people 0800 1111
www.childline.org.uk

BULLYINGUK

Advice for all types of bullying 080 800
2222
www.bullying.co.uk

THINKUKNOW

Guide on internet safety and safe surfing
www.thinkuknow.co.uk



MY WELFARE OFFICER'S DETAILS

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NISA CONTACT

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