

# Basingstoke Ice Skating Club

## Club Ice Etiquette

Ice Etiquette should be observed at all times.

This information has been put together to allow you to understand priorities during all club ice time.

**These are mixed ability sessions so it is important to be mindful of other skaters AT ALL TIMES.** All members skate at their own risk during all skating sessions but **following these rules will help minimise risks to you and others.**

- Remember that SAFETY COMES FIRST
- Be aware of other skaters around you.
- Always look out for the people who aren't looking out for you and give them extra space e.g. skaters entering into a spin or jump
- Skaters exiting spins and jumps will be less aware of their surroundings: please give them extra space, even after they've finished a move. Spinning around makes you dizzy!
- Always look out for people especially before entering the ice or starting from a stopped position (from the barrier or on the ice).
- Always look in the direction of travel when skating backwards.
- Refrain from standing around and chatting on the ice. This presents an additional stationary hazard for other skaters to avoid.
- Avoid playing games that involve chasing others or cutting across the flow of traffic.
- Check your clothing, accessories, skates and personal items for safety before skating.
- If you fall, for your own safety and the safety of others, get up immediately.
- Do not lie/sit on the ice or spray/throw the ice.
- Please re-tie your laces off the ice.
- Treat other skaters as you would like to be treated.

- Please watch out for skaters doing their programmes to music. They have the first right of way. This does not mean you have to stand on the ice and watch. If you are a less confident skater, it may help to move to the barrier for a short time. Otherwise, just move quickly out of the way as they approach.
- For safety reasons, please practice your spins in the middle of the rink, not in the flow of traffic. This does not apply during a programme run through.
- It is the responsibility of higher level skaters to watch out for skaters of a lower level when both have similar priority. Lower level skaters need to be aware of the speed of other skaters and the other skills they may perform.
- There will be no poor behaviour, such as kicking the ice, yelling at other skaters to get out of the way or foul language. Skaters who behave in such a manner will be asked to leave the ice and a committee member will be informed.
- Please no gum, food, or drinks on the ice. Water bottles only.
- Long hair must be tied back and please wear suitable and appropriate clothing – no jeans (you may end up with a soggy posterior!)
- **Ensure you have fun but keep yourself safe.** If everyone is mindful of their and other's safety, especially during club ice time, we can maximise enjoyment and minimise any risks.